



**Saturday, St Albans, NSW.**  
**6<sup>th</sup> May 2017**





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**St Albans, NSW.**

**The event program contains all the information you need for race day. Make sure you read it carefully!**

## **1. Event Centre – St. Albans**

The event will be based out of the historic village of St. Albans, located just 95km North of Sydney. The population of the township triples during the event weekend so we ask you to show utmost respect for the residents during the event. The local community have been very supportive of the Convict 100 and mountain biking in general, so please show your appreciation by being courteous at all times.

**See Attachment 1 – Event Centre Map**

### **Mobile phone coverage**

There is very limited mobile phone reception at St Albans. A public phone is located opposite the Settlers Arms Inn (the pub) so if you need to keep in touch, bring some spare coins.

## **2. Directions to St. Albans**

### **From the North**

Head South on the Newcastle Motorway (M1) and turn off at Peat's Ridge Road exit (just after the Gosford turnoff) and follow the signs to Wisemans Ferry via Mangrove Mountain, Spencer & Gunderman. Continue past Wisemans Ferry (do not take the ferry) and the road becomes Settlers Road which will lead to St. Albans.

### **From the South**

Jump onto the M2 motorway heading North and take the Pennant Hills Road exit. Turn right onto Pennant Hills Rd. Take a left onto Castle Hill Rd after 1 km. Then turn right onto New Line Rd 500 meters later. Follow New Line Rd to Dural. Then follow Old Northern Rd to Wisemans Ferry.

#### **Ferry Option 1 – Wisemans Ferry**

When you reach Wisemans Ferry, continue on Old Northern Road through the town. This will take you down to the river. Take the Wisemans Ferry (free and runs 24hr) across and turn left onto Settlers Rd. Follow Settlers Road for 20km until you reach St. Albans. Wisemans Ferry has a greater vehicle capacity and should be your first choice when traveling to St. Albans.

#### **Ferry Option 2 – Webbs Creek Ferry**

As soon as you enter Wiseman's Ferry, take your first left onto River Rd and past the police station. Catch the Webbs Creek Ferry (free and runs 24hrs) across the Hawkesbury River and follow St Albans Rd North towards St Albans (20km). St. Albans Road is bitumen all the way to the township. Turn right across the bridge into St Albans.

### **Travel Times**

- From Sydney - approximately 2.5 hours
- From Newcastle - approximately 2 hours
- From Canberra - approximately 5.5 hours

### 3. Leaving St. Albans

At the conclusion of the event on Saturday afternoon please make use of both ferries when travelling back to Sydney. The Webbs Creek ferry is accessible via St. Albans Rd. The Wisemans Ferry is accessible via Settlers Rd. Both ferries will take you across the Hawkesbury River to Wisemans Ferry.

**Please Note:** On Saturday afternoon two ferries will be operating at the Wisemans Ferry crossing, double the capacity of the Webbs Creek Ferry crossing. In addition to that, if you experience delays at the Wisemans Ferry crossing you can follow Wisemans Ferry Rd to Somersby and then take the motorway (M1) back to Sydney.

Due to the large number of vehicles heading back across the ferries, you can expect delays getting back. Please plan accordingly.

### 4. Camping and Parking

#### Friday 5<sup>th</sup> May

##### Camping in St. Albans Village - *(marked in green: attachment 1)*

There are a number of paddocks scattered around the St Albans village that are available for camping. Campsites will be available on a first come first served basis. Once capacity is reached, all other campers will be directed to the overflow camping/day parking next to the St. Albans village. *(marked in red: attachment 1)*

**Camping Fee - \$5 per vehicle.** Your fiver is a donation to the St. Albans Rural Bush Fire Brigade and goes a long way to supporting their operations in the area. It will be greatly appreciated if you can provide the correct change. Campsites will open from 1pm. We would like to encourage all competitors, especially riders doing the full 100km to come down on Friday (take a day off work, you deserve it!) and enjoy the festivities around town.

##### Camping at the Overflow/Day Parking Area

Once all the campsites have filled up in the village, all other campers will be directed to the overflow/day parking area. This area is still within walking distance of the village. Camping is also charged at \$5 per vehicle.

##### Premium Camping in St. Albans Village - *(marked in yellow: attachment 1)*

The premium camping area is accessible to anyone but there is a \$10 charge if you wish to make use of these campsites. It allows you to camp next to your vehicle and is located next to the river. You can pay the camping fee at the gate – alternatively you can setup camp and the land owner will drop by to collect the fee. Please note this is on private arrangement with the particular land owner and is not part of the fundraising donation for the Fire Brigade.

Marshals from the Bush Fire Brigade will meet you upon your arrival, take payment and direct you to a camping area. Let them know if you wish to camp in the premium camping spots. Most of the allocated camp grounds will allow you to camp next to your car but where access is not possible, please be courteous and park as directed.

**Parking and camping marshals will be on duty until 9pm on Friday evening. If you arrive after this time please use attachment 1 to locate a suitable camping spot.**

There are portable toilets (no showers) and a number of large rubbish bins in St. Albans village. Please keep the area tidy by placing all your rubbish in the bins provided.

##### Attachment 1 – Event Centre Map

The map shows details of St. Albans village, pointing out all camping areas, amenities, restaurants etc. Keep a copy of the map with you when you enter the village. All areas not marked as camping are considered to be private property. No camping or parking is allowed on these premises.

## Saturday 6<sup>th</sup> May

All riders arriving on Saturday morning will be directed to the day parking area next to the St Albans village.  
(marked in red: attachment 1)

### \$5 Parking Fee

As part of the St. Albans Fire Brigade's fund raising initiative, all vehicles accessing the day parking area will be charged a \$5 parking fee. This will be taken at the gate, please have the correct change handy and help support the people who look after your well-being out on the course.

### Notice to 68km and 44km competitors arriving on Saturday morning

**\*\*Road Closure (7:25am – 7:50am)\*\***

**\*\*Road Closure (8:00am – 8:20am)\*\***

There will a short road closure on St Albans Road (at the bridge) stopping all vehicles from entering the St Albans village from 7:25am – 7:50am and 8:00am – 8.20am. This is to accommodate the start of the 100km/68km race.

This will only impact vehicle traffic coming over the Webbs Creek Ferry and traveling to St Albans via St Albans Road.

If you plan to arrive around 8am or 9am, we recommend taking the Wisemans Ferry instead and traveling to St Albans via Settlers Road. This will give access to the day parking area without having to travel through the St Albans village.

**ROAD CLOSED  
AHEAD**

## 5. Event Schedule

### Friday 5<sup>th</sup> May

- |        |   |  |
|--------|---|--|
| 1:00pm | - | Campsites open   |
| 5:00pm | - | Registration opens ( <b>All riders in St. Albans Village</b> ) |
| 9:00pm | - | Registration closes  |

### Saturday 6<sup>th</sup> May

- |                 |   |  |
|-----------------|---|--|
| 6:30am          | - | Registration opens ( <b>All riders in St. Albans Village</b> ) |
| 7:20am          | - | All 100km riders report to start line ( <b>Race Briefing</b> ) |
| 7:30am – 7:45am | - | <b>100km Race Start</b>  |
| 7:50am          | - | All 68km riders report to start line ( <b>Race Briefing</b> )  |
| 8:05am – 8:15am | - | <b>68km Race Start</b>   |
| 9:20am          | - | Registration closes  |
| 9:20am          | - | All 44km riders report to start line ( <b>Race Briefing</b> )  |
| 9:30am – 9.45am | - | <b>44km Race Start</b>   |
| 1:00pm          | - | Results and prize-giving (Elite 100km and all 44km Categories) |
| 2:00pm          | - | Results and prize-giving (All 100km and 68km Age Categories)   |

## 6. Registration

### Registration Hours and Location

Friday, 5 <sup>th</sup> May	-	5:00pm - 9:00pm (All riders)
Saturday, 6 <sup>th</sup> May	-	6:30am - 9:20am (All riders)

**Registration is located in the Old Barn, on the corner of Wharf Street and Wollombi Rd. (opposite the pub – see attachment 1)** Get in early to avoid the crowds.

- When you report to registration, full competitor lists will be available on a display board. Locate your name (grouped in age categories and alphabetical order) and note your allocated race number.
- Find the registration point where your number is located and provide the race marshal with your race number. They will confirm your name and category.
- You will be given a bike number plate with attached timing transponder.
- If you ordered a race jersey, or event t-shirt go to the designated marshal to pick up your pre-ordered gear. The rider list will indicate if you have any merchandise on order.
- All riders can register in the village on Friday and Saturday.

### Entry Transfers and Rider Changes

As of Sunday 23<sup>rd</sup> April, **no further transfers or rider swaps will be accepted by the Max Adventure staff via email or over the phone.**

Further entry transfers, category changes and downgrading to the 68km or 44km course will only be accepted at registration on the Friday and Saturday. The new rider must present the original receipt and a letter from the current incumbent requesting race officials to transfer the entry to the new rider. **Entry transfers at registration will incur a \$30 admin fee.** See the designated marshal in charge of rider changes.

### Entry Deadline

You may submit an online entry **up until Wednesday 3<sup>rd</sup> May** – after this date online entries will be closed. Late entries can be made on Friday or Saturday during registration hours), these will incur a late fee of \$10 per person.

## 7. Food and Drink

### The Old Barn

Located next to registration David Cox and his team with offering a wide variety of gourmet food. Some of the options include Homemade Soup and Sausage Rolls, Fried Rice, Chicken and Coleslaw Wraps, Steak and Salad Wraps and a Big Breakfast on Saturday morning.

### Fickle Wombat Restaurant

The Fickle Wombat is a licensed restaurant located in the village of St. Albans. Dinner will be served from 6pm on Friday night.

### Settlers Arms Inn (The pub)

Appropriately named, this is the third oldest pub in Australia and a great location to get stuck into some real country food. They've got a number of items on the menu ranging from \$10 to \$32. They've also got the usual beers on tap for any last minute carbo loading!

## Food Vendors & Coffee Van

Located next to registration at the Old Barn will be a variety of food vendors open on Friday night and throughout the event on Saturday. The all-important coffee van will also be open early on Saturday morning for your caffeine fix.

## Water and Drinks

- 1000L of drinking water will be available at registration to fill up water bottles and bladders. For any other water requirements such as camping and cooking we ask that you be self-sufficient.
- All of the vendors above will have a variety drinks on sale – and the pub of course.
- Each competitor will also receive a 4Pines craft beer (over 18's only) and bottle of water when you cross the finish line.

## 8. Start Times and Waves

Apart from the 100km Elite categories, riders will not be started in a specific category or group. We are making use of electronic timing transponders to allow competitors in different categories to start together without their race time being affected.

### 100km Riders

- All 100km riders must report to the start line at 7:20am for the pre-race briefing. We ask that all Elite Male and Female riders report to the front of the group for a 7:30am start.
- Age category riders have the opportunity to position themselves in three appropriate starting groups, depending on how hard they want to ride. We ask that you use your discretion by selecting the group that will suit your riding style. **Please reserve the 7:35 start group for top age category riders only!**
- All three groups will be made up of around 100 riders. Race officials will control the size of each group to allow a good spread between competitors.

Start times for the 100km course apply as follows:

Time	Group	Target Time	Comments
7:30am	Elites	3:50 hrs - 4:30 hrs	All Male and Female riders in the Elite category
7:35am	Group 1	4:00 hrs – 5:00 hrs	Top age category riders who normally finish on the podium should position themselves in this group. You should look like you want to eat your young at the start line!
7:40am	Group 2	5:00 hrs – 6:30 hrs	Age category riders who normally finish mid field in similar events and are not as competitive should start in Group 2. You think 26" wheels are still okay.
7:45am	Group 3	6:30 hrs +	Beginners or riders who haven't completed a 100km event before or would like to take it easy and enjoy the scenery along the way should start in this group. No shaved legs here.

### 68km Riders

- All 68km riders must report to the start line at 7:50am.
- Similar to the 100km start, riders doing the 68km course have the opportunity to position themselves in four appropriate starting groups, depending on how hard they want to ride.
- There will be a short race briefing for any final announcements before you head out on the course.

Start times for the 68km course apply as follows:

Time	Group	Target Time	Comments
8:05am	Group 1	3:00 hrs - 3:30 hrs	Competitive age category riders who normally finish top 10% of the field, has shaved legs and wears a skinsuit.
8:10am	Group 2	3:30 hrs - 4:00 hrs	Baggy shorts who normally finish mid field in a marathon race, are still competitive but don't mind letting the speedsters get ahead. Mudguards not uncommon in this group.
8:15am	Group 3	4:00 hrs +	Beginners or riders who would like to take it easy, have a picnic along the way and enjoy the scenery should start in this group. Wheel reflectors almost guaranteed!

### **44km Riders**

- All 44km riders must report to the start line at 9:20am.

Start times for the 44km course apply as follows:

Time	Group	Target Time	Comments
9:30am	Group 1	All	All 44km riders

## **9. Course Maps and Signage**

The Convict 100 crosses a variety of terrain, including fire trail, single track, sealed and dirt roads. Some trails will be fast and easy, others will be rough and difficult. Please ride within your ability. When you are fatigued, you are more likely to make mistakes and have an accident. So please take it easy on the water bars!

### **Course Maps**

High resolution course maps are available for download from the links below (event website). Water stations, marshal points and first aid locations are marked on the maps.

[100km Course Map - Click Here](#)

[68km Course Map – Click Here](#)

[44km Course Map – Click Here](#)

### **Course Marking**

Signs, surveyors tape and hazard tape will be placed along the course to provide information and point you in the correct direction. Where there is a junction or ambiguous section there will be confirmation arrows to guide you along the course. Critical intersections around the course will be manned by staff from the St. Albans Rural Fire Brigade – please follow their directions.

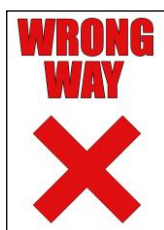
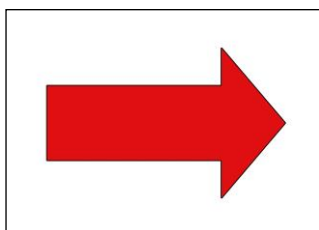
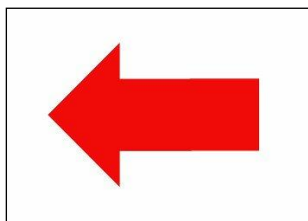
Riders must look out for “red on white” arrows, pink surveyors tape and caution and distance signage.

The course will be marked as follows:

- Directional arrows will be located on the turn.
- Pink surveyors tape will be attached to trees after every turn to confirm you are on the right track.



- Straight arrows and pink surveyors tape will be located on straight sections and at regular intervals on the track to confirm you are still riding on the course. If you ride for long sections without seeing pink surveyors tape, turn back!
- Red and white hazard tape and crosses will be used to close off side tracks or indicate areas where you should not enter. If you ride past a cross (wrong way sign), you are on the wrong track. Turn back immediately!



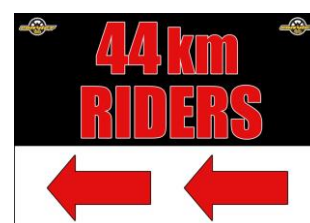
### Course Split Points

There are two split points where the various course distances divert from each other. These split points are located at:

- **Split Point 1** - Just after crossing the kayak bridge, 44km riders will go left along Settlers Road to head back to St Albans. 68km and 100km riders will turn right to head up Shepherds Gully and The Old Great North Road
- **Split Point 2** - After approximately 47km, riders will reach feed station 2. At feed station 2, 68km riders will turn left along the Eight Mile Track. 100km riders will continue straight to Ten Mile Hollow and continue along the Old Great North Road.

**Split points will be marked as follows:** (Colour coded according to your race number)

- 100km = Yellow Signage
- 68km = Blue Signage
- 44km = Red Signage





## 10. Feed Stations – Kayak Bridge

### Feed Stations

Three Feed Stations are available on course where riders can stock up on nutrition, water etc. They are located at the following distances:

Distance to Feed Station	Description	Accessible to:
33km	Kayak Bridge	All riders
47km	Junction to Eight Mile Track	68km and 100km Riders Only
72km	Sullivans Arm	100km Riders Only

**\*\*Toilets are NOT available at Feed Station 2 and 3.**

At the feed stations, riders will have access to:

- Unlimited quantities of water
- Tailwind Nutrition
- Coca-Cola soft drink
- Bananas
- Selection of lollies
- Sara Lee cake

This is an unsupported race. Any outside assistance (apart from fellow competitors) will be considered cheating and will lead to disqualification. Please plan your nutrition accordingly!



### Elite Riders – Bottle Drop

All 100km elite riders will have the opportunity to access their own specific drink bottles at the various feed stations. These bottles will be transported to the water stations by the race marshals and **set out on a separate table in race number order.**

You will be supplied with three stickers at registration to be used to mark your various bottles. Please write your race number on the sticker with the provided marker and drop your water bottle into the appropriate tub for transport to the Feed Stations

**\*All water bottles must be handed in at the registration tent by 7:00am on Saturday.**

*We cannot guarantee the return of bottles to St Albans by the time you want to leave. The crew stationed at the water points will return your left over bottles after the stations have closed. This might only happen later in the day depending on the speed of the backmarkers. With this in mind we would suggest using some disposable bottles.*

### 100km Cut Off

For safety reasons we do not want any riders to remain out on the course after dark. For this reason we are enforcing **a cut off point on the course at Feed Station 2 (47km mark).** Any competitor that arrives after **11:30am** at this location will be redirected to the 68km course.

### Spectators and Rider Support

Once you leave the start you will not be returning to St. Albans until the finish. This is an unsupported race. Any outside assistance (apart from fellow competitors) will be considered cheating and will lead to disqualification. Spectators are welcome at the start and finish area.

## **Kayak Bridge**

Once again the Convict 100 will feature this unique challenge and once again the entire field will get to ride the bridge. See below for more information on crossing the kayak bridge;

- One bridge will stretch across the water and you are welcome to either ride or walk the bridge. (We prefer you ride it)
- The bridge will be four scaffolding planks wide and should be rideable by all riders – even beginners.
- If you are new to the bridge experience, feel free to stop at the feed station (located next to the bridge onramp) and have a look at how other riders get across. Once you are comfortable give it a go or simply walk across pushing your bike.

**Caution:** Although the kayak bridge is wider than a regular footpath, there is still a slight chance that you might end up in the drink. Depending on the depth of the water, if you fall off you will be required to wade through the water to the other side, alternatively you will have to hoist yourself and your bike back onto the kayaks to make your way across. Race officials will be on hand to assist if required.

## **11. Road Safety and First Aid**

### **Road Safety**

- Please note you will be riding on public roads open to other traffic. Apart from directly following the starts, there will be no road closures for the event so please ensure you obey all standard road rules.
- Stick to the left hand side of road and do not ride more than two abreast
- Private land owners have given special permission for us to ride across their land. Please help us by obeying all event signs and sticking to the trail.
- It is likely that you will encounter bushwalkers, vehicles and other recreational users in the National Park. Be courteous and always give right of way where possible.

### **First Aid**

First Aid crews will be located at strategic points along the course and at all feed stations.

- If you need any first aid attention, see one of the race marshals for assistance.
- Riders are expected to assist competitors who have injured themselves.
- If you come across an injured rider, provide assistance and ask a fellow rider to inform race officials at the next intersection. Remember the injured riders' race number to give to the marshals. Times will be adjusted to compensate for any time losses. We expect all riders to place the safety of fellow riders ahead of any personal achievements.

## **12. Race Rules**

- All competitors must wear an Australian approved cycling helmet at all times and carry the compulsory equipment.
- Competitors are not allowed to assist each other with nutrition, carrying compulsory equipment or any form of forward progression (pushing, pulling or towing) except in an emergency situation.
- Any rider found littering the course will be disqualified on the spot. This will be strictly controlled by marshals on the course.
- You have to complete the event on the same bike you started the event with.
- While E-Bikes are allowed riding an E-Bike prevents you from placing in either overall or age categories. Your finish time will be recorded but you will be deemed to be 'Unranked' for timing purposes.

- Your race number must be clearly visible on the front of your bike at all times. Race numbers are not to be modified or cut down in any way.
- You must report to the timing tent in St. Albans if you decide to withdraw from the event. If you are injured and not able to return to the event centre, please inform a race official on course.
- Only registered riders, safety personnel and course marshals are allowed to ride the course on race day.
- Race officials will enforce a cut off point for 100km riders at Feed Station 2 (47km mark). Any competitor that arrives after **11:30am** at this location will be redirected to the 68km course.
- All protests must be lodged with the race director before commencement of the prize giving presentation at 1:00pm and 2:00pm for the respective categories.
- Riders are expected to assist competitors who have injured themselves. If you come across an injured rider, provide assistance and ask a fellow rider to inform race officials at the next intersection. Times will be adjusted to compensate for any losses.

#### **Compulsory Equipment (to be carried by riders at all times)**

- First aid kit (crepe bandage, wound dressing, triangular bandage, surgical gloves and 4 band aids)
- Australian approved cycling helmet
- Tool kit with minimum of pump (or CO2 canisters), spare inner tube/s (or puncture repair kit)
- Container to carry a suitable amount of water to sustain you between feed stations

## 13. Insurance and Disclaimer

### Disclaimer

By entering the event, all participants have agreed to the Terms and Conditions of the event as detailed in the online entry form. For a copy of the disclaimer, [click here](#)

### Personal Accident Insurance

Maximum Adventure is covered by its own public liability insurance. This does not include personal accident insurance. It is strongly recommended that you take out your own personal accident and ambulance cover for the event. Your private health insurance may include this, but it is your responsibility to check with them regarding this.

## 14. Merchandise

### Limited Edition Race Jersey

Looking for a memento of your efforts at the Convict 100 this year, or looking for help to make you look 'pro' on your local trails? If so the official Convict 100 race jersey is for you!

Limited numbers of the Race Jersey may be available at registration if not sold out sooner. Priced at \$80.



### Limited Edition Event T-Shirt

Featuring a cool funky design and made with deluxe soft cotton the Event T-Shirt is a must have purchase in 2017.

Limited numbers of the Event T-Shirt may be available at registration if not sold out sooner. Priced at \$40.



## 15. Photography

The professionals from Outer Image will be out on the track taking care of all the action shots. Your photos will be available for viewing a couple of days after the event. You will receive an email when the images are ready for download. For more details visit <http://archive.outerimage.com.au>.

## 16. Results

### Race Day – Preliminary Results

The timing crew will have a computer available at the timing tent where you can look-up your results. These results are preliminary but will give you an idea of your standing.

### Full Race Results

Full results will be up on the event website following the event. We will try our best to have the results up on the website on the Sunday following the event – please bear with us if that is not the case.

## 17. Prizes and Presentations

**Prizes will be awarded to 1<sup>st</sup> place in each category. Trophies will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each category**  
Winners must be at the prize giving to receive their prize, nothing will be posted.

### Prize Giving Presentation

Two short prize-giving presentations will be held (registration area) at the following times:

- |        |   |                                     |
|--------|---|-------------------------------------|
| 1:00pm | - | Elite 100km and all 44km Categories |
| 2:00pm | - | All 100km and 68km Age Categories   |

## 18. Sponsors and Supporters



### Sponsors and Event Partners

We would like to thank the sponsors and event partners of the Convict 100 for their support and providing some excellent prizes for the competitors:

- |                    |   |   |
|--------------------|---|---|
| Ground Effect      | - | <a href="http://www.groundeffect.co.nz">http://www.groundeffect.co.nz</a>             |
| 4 Pines Beer       | - | <a href="http://www.4pinesbeer.com.au">http://www.4pinesbeer.com.au</a>               |
| Tailwind Nutrition | - | <a href="http://www.tailwindnutrition.com.au">http://www.tailwindnutrition.com.au</a> |



***Born in Manly, Brewed on the Northern Beaches.***

*Brewed to purity laws of ages & ages ago, allowing only 4 ingredients; hops, water, yeast & malt (and the odd bit of mandarin, ginger & other natural stuff to keep the tastebuds tingling), 4 pines brewing company offers great flavour sensations through variety, quality craftsmanship, natural ingredients & traditional, time honoured techniques – no short cuts!*

Zane chases the golden ale at Wairoa Gorge, Nelson. Photo: Caleb Smith

A large, stylized white logo for Groundeffect.co.nz. It features a graphic of a person on a bicycle jumping or pedaling, with a trail of small white circles behind them. To the right of the graphic, the text "Groundeffect.co.nz" is written in a large, white, sans-serif font, and "PEDAL ON" is written below it in a very large, bold, white, sans-serif font.

Groundeffect.co.nz  
**PEDAL ON**

Our thanks to the following organisations for making the event possible:

- NPWS – Central Coast Hunter Region
- Hawkesbury City Council
- Wisemans Ferry Police
- State Medical Assistance
- Settlers Arms Inn
- David Cox
- CREST

Special thanks to the ***St Albans Rural Fire Brigade*** for their support of the event and taking care of all the marshalling, and communications (with assistance from CREST). Give them a big thank you when you see them out on the course.

## 19. Event Cancellation

In the unlikely case of an event cancellation, we will let you know by email and make the announcement on the home page of the website <http://www.convict100.com.au>. We will also make announcements on our social media pages:

[Facebook](#)

[Twitter](#) #Convict100

All efforts will be made to reschedule the event.

## 20. Volunteers

We still need a couple more volunteers for this event. If your friends or partner are coming along to support you, why not ask them to volunteer while they wait for you to finish the race. They get a free shirt, cap, goodie bag and lots of thanks and appreciation.

Your day could consist of helping with team registration, assisting at one of the three water stations on the course or giving out free beer at the finish! If you are interested in becoming a volunteer, send an email to:

[info@maxadventure.com.au](mailto:info@maxadventure.com.au)

## 21. Contact

**Mark Roberts**

**Race Director**

**Maximum Adventure**

P: (02) 9676 6061

E: [info@maxadventure.com.au](mailto:info@maxadventure.com.au)





Attachment 1 – Event Centre Map

